

River Heritage Quilters' Guild

# Quilt Chatter

Volume 24 Issue 7

[www.riverquilters.org](http://www.riverquilters.org)

July 2012

Hello RHQG Members,

I am enjoying the peace and quiet of the campground after a holiday weekend. At dusk, the bats come out for their evening meal of mosquitoes and other flying insects. We like to watch this interesting evening ritual and know that the last of the daylight is fading away. Summer is now in full swing and we are enjoying every minute!!!

I know that Lynnore and Chris are planning a great program for July. Everyone who took the One Block Wonder workshop or have a One Block Wonder quilt please (*finished or not*) bring them to show.

How are you doing on your Bra Challenge?? We are hoping that everyone will have one to show at the August meeting.

Fall is around the corner, the Quilt Show is fast approaching, and before we know it September 22 and 23, 2012 will be here. Theme: Dresden Plate

We received a letter from our friend Dr. John Oldani, our May speaker. This is what he wrote in his letter dated May 31, 2012: "*When I gave my presentation to your group, which I greatly enjoyed, by the way, several people wanted to buy books from me and did not have the money with them. I told them to simply send me a check and gave them my card. It may be too early, but up till now, I have not received any payments for any of the books which were "sold."* Some ladies asked for one of each of the books for a total of \$45." He has to purchase the books from his publisher and pay for them up front. I am asking that anyone who still owes Dr. Oldani, please mail your check ASAP. His mailing address is Dr. John L. Oldani, 9834 Gerald Dr., St. Louis, MO 63128. Thank you for taking care of this unfinished business. We would like to have Dr. Oldani share his humor and knowledge with us again in the near future.

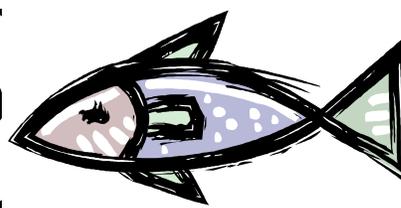
In June there were 20 members eating together at Panera Bread before our monthly meeting. What a great time to visit and get to know your fellow guild members. Remember all are welcome and invited to meet for dinner around 5:00PM. We try to sit together at the large table (and surrounding booths) in the back.

Hope everyone has a wonderful Independence Day celebration and give thanks for the freedoms we enjoy as Americans.

See you Monday evening July 9<sup>th</sup> at the Cape Girardeau Public Library.

**Sally Miller**

Blocks of the Month:  
Bird, fish,  
flower & insect



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## July Program

Our program for July 9th is Jaime Mayfield from Erlbacher Gear and Machine Works in Cape Girardeau, who will be demonstrating a circular sock knitting machine. The Gearhart knitting machine was originally produced in the 1920's and Erlbacher Gear and Machine Works started reproducing them in 2010. It should be an interesting program.

We will be showing the One Block Wonder quilts at our July meeting. If you took the class with Marsha Bray in 2011, or if you have completed a One Block Wonder on your own, please bring to show. Even if you haven't completed the top, please bring a block or two to share.—

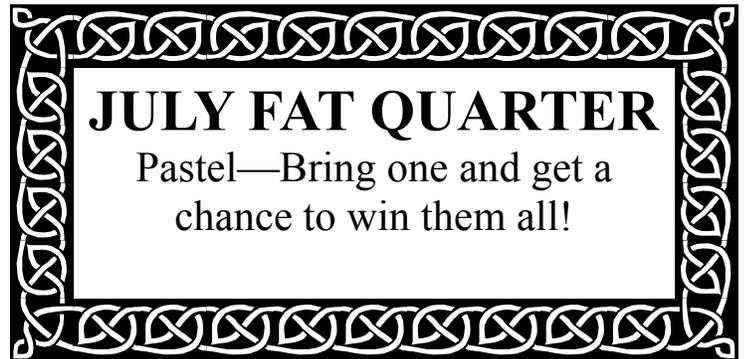
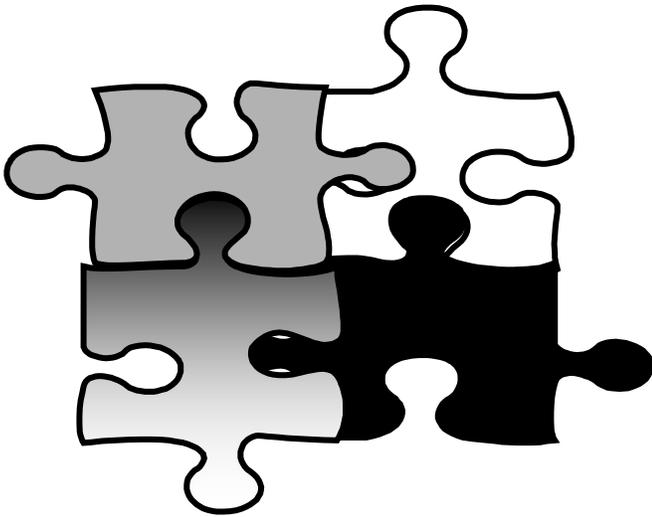
**Chris Ludwig**

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### BRA CHALLENGE due in August

We will share these at our August meeting, and we hope to display them at the quilt show in September and possibly the Arts Council in October. If you were not at the March 2010 program, Google "art bras." The possibilities are endless.



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### ONE BLOCK WONDER

If you took the One Block Wonder Class back in September 2011, we are asking you to bring whatever you've completed for a show and tell. Whether it be just some blocks, the top, or a quilt. Also, if you've made one of these quilts but didn't take the class, please bring and share it with us..

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## Quilt & Fabric Shops Around Poplar Bluff

It wasn't a Dusty Lane experience, but it did register on my Quilt Shop app for my iPhone. Went by the "Sew Much More" quilt shop on Cherry Street. It was just three blocks south of Hwy 60 and 67 intersection, and I met the friendliest lady. She had quilt batting of all types and Hobbs 80/20 queen size for \$24. She also told me about "Carol's Country Quilt Shop" in Van Buren (just 30 miles west) where they are opening even more rooms up to discounted fabrics. But that isn't all! We passed a sign off Hwy 53 for "Country Fabrics." Now that was down a "dusty lane" a bit and was quaintly decorated in an older four-room house with discounted buttons and all sizes of "Warm & Natural" 100% cotton quilt batting. Country Fabrics" wanted me to pass the word that she's having a "Needle Turn Appliqué" Class on July 10 and 12. An instructor from St. Louis will do the workshop, and it will only cost \$5 for a kit that includes all of the fabric needed to make a humming bird and flower quilt block shown on their website: [www.cfabrics.com](http://www.cfabrics.com).—*Regina E. Tucker*

### Three, Two, One Cake:

This is a quick recipe for when you're busy sewing and need a snack.

1 box angel food cake mix  
1 box any flavor cake mix (carrot or chocolate for example)

Mix these two together in a large zip lock bag, just the dry mixes, nothing else. When you want a snack, grab a coffee cup, add 3 tablespoons mix, 2 tablespoons water, stir, and microwave for 1 minute. It's good with canned whipped cream swirled on top as well!

The zip lock bag of mixed cake mixes will stay good closed tightly on your pantry shelf for up to 2 months.—**Ravan Simms**

### Zucchini-Squash-Banana Bread (from Color My World Workshop):

Ingredients: 3 eggs; 2 c. sugar; 1 c. oil; 2 c. grated zucchini (or summer squash or ripe bananas); 2 tsp. vanilla; 3 c. flour; 1 tsp. salt; 1 tsp. baking soda; 1/4 tsp. baking powder; 1/2-1 cup walnuts or pecans.

Directions: Cream together eggs, oil, zucchini (or squash or banana). Combine remaining ingredients before adding to the creamed mixture. Pour into 2 greased loaf pans. Bake at 325° for 1 hour. Butter tops and allow to set for a few minutes before removing from pans. Wrap in plastic wrap while still warm to preserve moisture.

Note: This keeps well in the freezer for up to one month.—**Kay Kenner**

## QUILTING REALLY IS GOOD FOR YOU!!

I was reading a "Quilting Today" magazine last night before bed and happened across an interesting article about hand quilting. According to a 1995 New York Times piece, recreational sewing is a proven way to lower blood pressure and heart rate. Hand quilting, of course, fits into this category, and offers not only the joy of rhythmic and regular motion but also a creative high associated with painting and other art forms. Your quilting stitch is as personal as your signature, and everyone's quilting has its own unique look. So, even though we have long shared the satisfaction of making beautiful and useful art, we can now rest easy knowing quilting is also good medicine. Now one hour of relaxing, even stitching a day, doctors' orders!

—**Ravan Simms**

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## RHQG Minutes for June 11, 2012

The River Heritage Quilt Guild was called to order at 6:30 p.m. on June 11, 2012, at the Cape Girardeau Public Library by President Sally Miller. There were 63 members and 1 guest present.

May minutes were approved after motions were made by Jeanette Buchheit and Madeline Gieselman.

June Birthdays celebrated: Rita Whaley, Judy Douglass, Mary Alice Rushton, and Lynne Taylor.

Dr. Oldani, our speaker from the May meeting, requested members to please send payments for books taken at that meeting.

Mary Kay Reed gave a brief summary on what judges want from people entering quilts in shows. Main focus is to read and follow the rules of the show.

Madeline Gieselman reported Dresden Plate quilt pins have been ordered for our Quilt Show in September.

Sally Miller announced the Kansas City Quilt Show has sent two complimentary tickets to any member who wants to use them.

Jeanette Buchheit revealed the completed Opportunity Quilt to the guild. She acknowledged the help given by Mary Green, Barb Miller, Cindy Spaeth and Mary Alice Rushton.

Merle Denecke announced tickets sales for the Opportunity Quilt will begin at the August meeting. Each member will be given \$20 of tickets to sell and emphasized the importance of selling these to meet budget.

Darla Snider sent word ACS does not need breast cancer pillows at this time, but encouraged members to keep working toward future requests. Please keep these at your home until needed.

Pat Smith, Pattern of the Month chair, had many show their reptile and amphibian blocks this month. The winner was Janet Bollinger. The new block is insects.

Chris Ludwig, Gadget of the Month chair, demonstrated Clover wonder clips for securing binding. Martha Cox was the winner.

Chris Ludwig announced next month's meeting is the One Block Challenge reveal and speaker, Jaime Mayfield, discussing circular knitting. August's meeting is the Bra Challenge display.

Mary Green thanked the guild for their support in collecting plastic bottle caps. The goal has been met.

Lynne Taylor announced the Altenburg Museum has a new show, "Orange Peel Quilts," from Paducah. Frank Bennett will have a presentation on June 21 at 7:00 p.m.

Clara Friese will take any finished quilts to Nancy East, Community Projects chair.

The Guild thanked Madeline Gieselman for having the guild out to her house for a picnic and some fun socializing.

Drawings: Madeline Gieselman—Name Tag; Caroline Andrews--Fat Quarters (27); Sally Miller—Cash for Stash(\$24.50); Merle Denecke—Door Prize

Show and Tell: Caroline Tilghman, Sherry Welker (3), Lynnore Meyer, Mary Green and Kaylin, her granddaughter, Lynnore Meyer, Martha Haertling, and Betty Meyer (2)

Program: Ann McNew shared her expertise on batting and thread. She showed the guild over 40 types of batting and how they look quilted and laundered. To our delight she gave each member a 7 piece sample bundle of battings from The Warm Company. She had many varieties of thread and discussed how to tell what thread is—mercerized, Egyptian, quality, etc. She stated Perma Core is the #1 thread used by long arm quilters and Quilter's Dream is a great batting for hand quilting.

Respectfully submitted,  
**Betty Meyer**, Secretary

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## RHQG TREASURER'S REPORT

30-Jun-12

<b>Month Beginning Cash Balance</b>	<b>\$ 8,737.15</b>			
<b>Income</b>		<b>June</b>	<b>Year to Date</b>	<b>Budgeted</b>
Stash for Cash (50/50)	\$ 24.50	\$ 155.50	\$ 300.00	\$ 300.00
Dues		\$ 792.00	\$ 1,392.00	\$ 1,392.00
Opportunity Quilt		\$ 25.00	\$ 2,000.00	\$ 2,000.00
Special Events	\$ 500.00	\$ 500.00	\$ 1,000.00	\$ 1,000.00
Guild Retreat		\$ 6,009.20	\$ 6,000.00	\$ 6,000.00
Fons & Porter		\$ 160.00	\$ 300.00	\$ 300.00
Quilt Show		\$ 50.00	\$ 5,000.00	\$ 5,000.00
Miscellaneous - sale of yearbook		\$ 2.00	\$ 5.00	\$ 5.00
Miscellaneous - sale of pin		\$ 5.00	\$ 20.00	\$ 20.00
Miscellaneous - standard rental			\$ -	\$ -
<b>Total Income</b>	<b>\$ 524.50</b>	<b>\$ 7,698.70</b>	<b>\$ 16,017.00</b>	<b>\$ 16,017.00</b>
<b>Expenses</b>				
Programs	\$ 253.00	\$ 630.50	\$ 2,300.00	\$ 2,300.00
Membership		\$ 90.65	\$ 225.00	\$ 225.00
Hospitality			\$ 400.00	\$ 400.00
Website			\$ 112.00	\$ 112.00
Newsletter	\$ 22.67	\$ 308.15	\$ 400.00	\$ 400.00
Yearbook		\$ 124.17	\$ 125.00	\$ 125.00
Opportunity Quilt		\$ 31.80	\$ 600.00	\$ 600.00
Special Events	\$ 733.00	\$ 733.00	\$ 1,700.00	\$ 1,700.00
Community Projects			\$ 200.00	\$ 200.00
Pattern of the Month		\$ 10.00	\$ 150.00	\$ 150.00
Administrative Expenses		\$ 50.00	\$ 200.00	\$ 200.00
Storage for Standards		\$ 180.00	\$ 360.00	\$ 360.00
P. O. Box			\$ 44.00	\$ 44.00
Fons & Porter		\$ 120.00	\$ 75.00	\$ 75.00
Guild Retreat		\$ 4,735.89	\$ 6,000.00	\$ 6,000.00
Board Retreat		\$ 200.00	\$ 200.00	\$ 200.00
Room Rental		\$ 40.00	\$ 100.00	\$ 100.00
NQA Officers' Memberships		\$ 125.00	\$ 125.00	\$ 125.00
Quilt Show	\$ 175.00	\$ 244.06	\$ 5,000.00	\$ 5,000.00
Miscellaneous Expenses		\$ 67.72	\$ 250.00	\$ 250.00
Quilt Guild Cookbook				
<b>Total Expenses</b>	<b>\$ 1,183.67</b>	<b>\$ 7,690.94</b>	<b>\$ 18,566.00</b>	<b>\$ 18,566.00</b>
<b>Certificate of Deposit</b>	<b>\$ 5,243.13</b>			
<b>Month Ending Cash Balance</b>	<b>\$ 8,077.98</b>			
<b>Balance</b>	<b>\$ 13,321.11</b>			

Glenda Nations, Treasurer

# JULY 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 *Betty Murray	Community Projects Suspended until further notice *Cheryl Tuschhoff	3 *Maxine Michael *Martha Short	4	5	6	7
8	9 5:00 Paneras 6:00 Social 6:30 Guild Mtg.	10	11	12	13 *Saphrona Brewington	14
15	16 Community Projects Suspended until further notice	17	18	19	20	21
22	23	24	25	26 *Patti Lessmann *Betty Phillips	27	28
29	30 *Sally Miller	31		<b>MONTHLY:</b> COMMUNITY PROJECTS 1ST & 3RD MONDAYS 9 AM-3 PM QUESTIONS CALL NANCY EAST		

**\*=BIRTHDAYS**

## Quilt Shows and Other News

Find a quilt show: <http://www.quiltguilds.com/july>.

### THE QUILTED KITTY

This is a full service quilt shop located in Lincoln, Nebraska. Everything in the store is also available on their website [www.quiltedkitty.com](http://www.quiltedkitty.com) with a turnaround time of 24-36 hours shipping. They have several blocks of the month running: Civil War Journals, The Cotton Club; and some of their own designs: Kitty Stitchery and Nifty Nine Patch. Also there is an embroidery block of the month program too. A second location "The Quilted Kitty....Too!" is in historic Brownville, Nebraska. They schedule their annual retreat at the River Inn on the Missouri River in the fall so that you can enjoy quilting while looking at the beautiful fall colors. If you give them a call before your group arrives, they'll have coffee and snacks waiting.

### "Seams Like Yesterday" 25th Annual Quilt Show

Sponsored by Country Patchwork Quilt Guild this show features Kathryn Jones, Quilt Artist located at Martin Community Center, 1985 S. Odell (Hwy 65 South), Marshall, MO 65340. Hours: 9/29/12, Sat. 9 a.m.-5 p.m. and 9/30/12, Sun. 10 a.m.-5 p.m. with a donation \$3 at the door. There will be an Opportunity Quilt Raffle and several Fat Quarter baskets raffled along with special exhibits of wool hooked rugs and red work with over 100 quilts displayed. For more information check [www.countrypatchworkquilters.com](http://www.countrypatchworkquilters.com).

### ORIGINAL SEWING & QUILT EXPO

October 11-13, 2012, at KCI Expo Center, 11730 North Ambassador Dr., Kansas City, MO 64153. Open Thurs./Fri. 10 a.m.-6 p.m. and Sat. 10 a.m.-5:30 p.m. with \$10 admission. If interested, "free admission" coupons to use **if** you bring two friends (the driver gets in free) will be available at the meeting. Also, a free class for you and a friend with details at [sewingexpo.com](http://sewingexpo.com). Additional details and complete class catalog at [www.sewingexpo.com](http://www.sewingexpo.com) or call 800-699-6309.

**2012 Officers**

**President**—Sally Miller

**Vice President**—Lynnore Meyer and Chris Ludwig

**Secretary**—Betty Meyer

**Treasurer**—Glenda Nations

**Historian**—Madeline Gieselman

**2012 Committee Chairman**

**Audit**—Barb Miller

**Community Projects**—Nancy East

**Correspondence**—Donna Irwin

**Hospitality**— Harriet Martin

**Membership**—Lynne Taylor

**Newsletter/Yearbook**—Cindy Spaeth

**Opportunity Quilt**—Jeanette Buchheit

**Opportunity Quilt Ticket Sales**—Merle Deneke

**Pattern of the Month**—Pat Smith

**Publicity**—Ravan Simms

**Quilt Show**— Madeline Gieselman

**Retreat**—Mary Green

**Special Events** — Cheryl Tuschhoff

**Website**—Linda Tansil

**Upcoming Guild Activities....**

**July 9, 2012 Meeting**

Dinner 5:00 p.m. Panera's

==ALL invited==

Social Time: 6:00 p.m.

Meeting: 6:30 p.m.

**RHQG Quilt Show**

**9/22-23/2012**

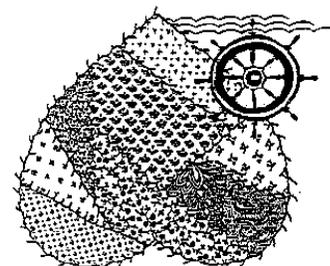
Theme: Dresden Plate

**July Block**

Insect

Bring it and win a prize!

Please send all information to be published in the newsletter by the 20th of the previous month to Cindy Spaeth. If your email address changes, send an email to Donna Irwin.



*River Heritage Quilters' Guild  
PO Box 1905  
Cape Girardeau, MO 63702-1905*